

## Accent on Health Family Chiropractic

Dr. Glenn J. Waldt, M.S., D.C.

2871 E. High Street, Pottstown, PA 19464

Ph: 610-970-9999 Fax: 206-339-6215

[www.BabyMyBack.com](http://www.BabyMyBack.com)

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My name is Steve Pufnock. I've been a patient of Dr. Waldt's for almost one month. I was sitting home one night flipping the channels on T.V. when Dr. Waldt's natural health infomercial came on the television. On the program, Dr. Waldt's secretary talked about how Dr. Waldt had helped her with plantar fasciitis.

I had suffered for more than 2 years with horrible foot pain in both of my feet due to plantar fasciitis. I had treated with my medical doctor and 3 podiatrists with almost no benefit whatsoever. In fact, the exercises and the expensive orthotics that the podiatrists recommended made my feet worse than ever!

The podiatrists tried taping my feet each week, they gave me special exercises that aggravated my condition, and they put painful shots into my feet which didn't help. Walking was very painful for me and there seemed to be no help in sight. I was so frustrated! If the podiatrists couldn't help me, who could I wondered!

Then I saw Dr. Waldt's commercial on T.V. And he mentioned how helping people with plantar fasciitis and heel pain is one of his specialties.

I made an appointment to see Dr. Waldt. When Dr. Waldt takes on a new patient, he talks to you personally, explains how he can help you, and works out the finances, insurance billing, and scheduling.

After only 1 treatment with Dr. Waldt, the next day my feet felt 50% better! I was thrilled! Dr. Waldt said the bones in my feet were slightly out of position and that was the cause of my foot pain. He didn't recommend expensive orthotics and he didn't even recommend foot exercises like the podiatrists. (He said the exercises must come later after he corrects my feet.) My feet continue to improve with each adjustment.

I wish I had tried Dr. Waldt 2 years ago for my foot pain. I would have saved myself a lot of pain and a lot of money!

In addition, Dr. Waldt is helping me with my neck and shoulder pain which is an added bonus since my main purpose in seeing him was for my feet.

Sincerely,

Stephen D. Pufnock

